

Help Passages - Topical Reading

| <i>Day date</i> | <i>Topic</i> | <i>Reading</i> |
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| 4/23 | Afraid: | Psalms 27 |
| 4/24 | Afraid: | Isaiah 41:5-13; Mark 4:35-41; Hebrews 13:5,6; 1 John 4:13-18 |
| 4/25 | Afraid of death: | Psalms 23 |
| 4/26 | Afraid of death: | Psalms 63:1-8; John 6:35-40 |
| 4/27 | Afraid of death: | Romans 8:18-39; 1 Corinthians 15:35-57 |
| 4/30 | Afraid of death: | 2 Corinthians 5:1-10; 2 Timothy 1:8-10 |
| 5/1 | Angry: | Proverbs 15:1; Matthew 5:21-24; Romans 12:17-21 |
| 5/2 | Angry: | Ephesians 4:26-32; James 1:19-21 |
| 5/3 | Anxious/ Worried: | Psalms 25 |
| 5/4 | Anxious/ Worried: | Psalms 46 |
| 5/7 | Anxious/ Worried: | Matthew 6:24-34 |
| 5/8 | Anxious/ Worried: | Matthew 10:26-31; 1 Peter 1:3-5; 1 Peter 5:7 |
| 5/9 | Controlling your tongue: | Psalms 12; Psalms 19:14 |
| 5/10 | Controlling your tongue: | James 3:1-12 |
| 5/11 | Deciding something important: | 1 Kings 3 |
| 5/14 | Deciding something important: | Psalms 139 |
| 5/15 | Deciding something important: | Daniel 2:14-23; Colossians 3:12-17 |
| 5/16 | Defeated: | Romans 8:31-39 |
| 5/17 | Depressed: | Psalms 16 |
| 5/18 | Depressed: | Psalms 43; Psalms 130 |
| 5/21 | Depressed: | Isaiah 61:1-4; Jeremiah 15:10-21 |
| 5/22 | Depressed: | Lamentations 3:55-57; John 3:14-17; Ephesians 3:14-21 |
| 5/23 | Disappointed: | Psalms 55 |
| 5/24 | Disappointed: | Psalms 62:1-8; Jeremiah 20:7-18 |
| 5/25 | Discouraged: | Psalms 34 |
| 5/28 | Discouraged: | Psalms 42:6-11; Isaiah 12:1-6 |
| 5/29 | Discouraged: | Romans 15:13; 2 Corinthians 4:16-18; Philippians 4:10-13 |
| 5/30 | Discouraged: | Colossians 1:9-14; Hebrews 6:9-12 |
| 5/31 | Doubting your faith in God: | Psalms 8; Psalms 146 |
| 6/1 | Doubting your faith in God: | Proverbs 30:5; Matthew 7:7-12; Luke 17:5,6 |
| 6/4 | Doubting your faith in God: | John 20:24-31; Romans 4:13-25; Hebrews 11; 1 John 5:13-15 |
| 6/5 | Encountering a cult: | Matthew 7:15-20; 2 Peter 2; 1 John 4:1-6 |
| 6/6 | Encountering a cult: | Jude |
| 6/7 | Facing a disaster: | Genesis 8:1-9:27 |
| 6/8 | Facing a disaster: | Job 36:22-37:13 |
| 6/11 | Facing a disaster: | Psalms 29 |

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| 6/12 | Facing a disaster: | Psalms 36:6-9; Psalm 124 |
| 6/13 | Facing a disaster: | Jeremiah 31:35-37; Romans 8:31-39; 1 Peter 1:3-12 |
| 6/14 | Facing peer pressure: | Proverbs 1:7-19; Romans 12:1-2; Galatians 6:1-5 |
| 6/15 | Facing peer pressure: | Ephesians 5:1-20 |
| 6/18 | Friends fail: | Psalms 41:9-13; Luke 17:3,4; 2 Timothy 4:16-18 |
| 6/19 | | |
| 6/20 | Being a friend: | Proverbs 17:17; Luke 10:25-37 |
| 6/21 | Being a friend: | John 15:11-17; Romans 16:1-2 |
| 6/22 | Financial difficulties: | Proverbs 11:7; Ecclesiastes 5:10-20 |
| 6/25 | Financial difficulties: | Matthew 6:24-34 |
| 6/26 | Financial difficulties: | Luke 12:13-21; 1 Timothy 6:6-10 |
| 6/27 | Frustrated: | Job 21:1-16; Job 24:1-17 |
| 6/28 | Frustrated: | Job 36:1-26; Matthew 7:13,14 |
| 6/29 | Grieving: | Job 19:25-27; John 11:25-27; John 14:1-7 |
| 7/2 | Grieving: | Romans 8:31-39; Romans 14:7-9; 1 Thessalonians 4:13-18 |
| 7/3 | Impatient: | Psalms 13 |
| 7/4 | | |
| 7/5 | Impatient: | Psalms 37:1-7; Psalm 40:1-5 |
| 7/6 | Impatient: | Ecclesiastes 3:1-15; Lamentations 3:25-33 |
| 7/9 | Impatient: | Hebrews 6:13-20; James 5:7-11 |
| 7/10 | Insecure/Lacking confidence: | Deuteronomy 31:1-8; Psalm 73:21-26 |
| 7/11 | Insecure/Lacking confidence: | Psalms 108 |
| 7/12 | Insecure/Lacking confidence: | Philippians 4:10-20; 1 John 3:19-24 |
| 7/13 | Jealous: | Psalms 49; Proverbs 23:17; James 3:13-18 |
| 7/16 | Leading others: | Isaiah 11:1-9; Isaiah 32:1-8 |
| 7/17 | Leading others: | 1 Timothy 3:1-7; 2 Timothy 2:14-26; Titus 1:5-9 |
| 7/18 | Lonely: | Psalms 22; Psalm 42 |
| 7/19 | Lonely: | John 14:15-31a; Hebrews 13:5-6 |
| 7/20 | Losing your property & possessions: | Job 1:13-22; Job 42:7-17 |
| 7/23 | Losing your property & possessions: | Isaiah 41:17-20; Romans 8:18-39 |
| 7/24 | Managing your time: | Proverbs 12:11; Proverbs 28:19; Mark 13:32-37; Luke 21:34-36 |
| 7/25 | | |
| 7/26 | Managing your time: | 1 Timothy 4:11-16; Titus 3:8-14 |
| 7/27 | Needing peace: | John 14:1-4; John 16:33; Romans 5:1-5; Philippians 4:6-7 |
| 7/30 | Needing protection: | Psalms 27:1-6; Philippians 4:19 |
| 7/31 | Needing protection: | Psalm 91 |
| 8/1 | Needing rules for living: | Romans 12 |
| 8/2 | Overwhelmed/Stressed: | Isaiah 55:1-9; Matthew 11:25-30 |

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| 8/3 | Overwhelmed/Stressed: | John 4:1-30 |
| 8/6 | Overwhelmed/Stressed: | 2 Corinthians 6:3-10; Revelation 22:17 |
| 8/7 | Prayerful: | Psalms 4; Psalm 42 |
| 8/8 | Prayerful: | Luke 11:1-13; John 17; 1 John 5:14-15 |
| 8/9 | Procrastinating: | Matthew 22:1-14 |
| 8/10 | Procrastinating: | Matthew 25:1-13; 2 Corinthians 6:1-2 |
| 8/13 | Rejected: | Psalm 38 |
| 8/14 | Rejected: | Isaiah 52:13-53:12 |
| 8/15 | Rejected: | Matthew 9:9-13; Luke 4:16-30 |
| 8/16 | Rejected: | John 15:18-16:4; Ephesians 1:3-14; 1 Peter 2:1-10 |
| 8/17 | Seeking forgiveness: | Psalm 32:1-5; Psalm 51 |
| 8/20 | Seeking forgiveness: | Proverbs 28:13; Joel 2:12-17; Matthew 6:14-15 |
| 8/21 | Seeking forgiveness: | Luke 15; Hebrews 4:14-16; 1 John 1:5-10 |
| 8/22 | | |
| 8/23 | Seeking God's help: | Psalm 5; Psalm 57 |
| 8/24 | Seeking God's help: | Psalm 86; Psalm 119:169-176 |
| 8/27 | Seeking God's help: | Psalm 121; Psalm 130; Matthew 7:7-12 |
| 8/28 | Seeking salvation: | John 3:1-21 |
| 8/29 | Seeking salvation: | Romans 1:16-17; Romans 3:21-31; Romans 5:1-11 |
| 8/30 | Seeking salvation: | Romans 10:5-13; Ephesians 1:3-14; Ephesians 2:1-10 |
| 8/31 | Sick/in pain: | Psalm 38; Matthew 26:39 |
| 9/3 | | |
| 9/4 | Sick/in pain: | Mark 1:29-34; Romans 5:3-5; 2 Corinthians 12:9-10; 1 Peter 4:12-13 |
| 9/5 | Suffering or persecuted: | Psalm 119:153-160; Matthew 5:3-12; Romans 8:18-30 |
| 9/6 | Suffering or persecuted: | 2 Corinthians 4:1-15; Hebrews 12:1-11 |
| 9/7 | Tempted: | Psalm 19:12-14; Psalm 141 |
| 9/10 | Tempted: | Luke 4:1-13; 1 Corinthians 10:12-14 |
| 9/11 | Tempted: | Hebrews 2:11-18; Hebrews 4:14-16; James 1:12-18 |
| 9/12 | Tempted by sex: | 2 Samuel 11:1-12:25 |
| 9/13 | Tempted by sex: | 1 Corinthians 6:12-20; Galatians 5:16-26 |
| 9/14 | Thankful: | Psalm 100; 1 Thessalonians 5:18; Hebrews 13:15 |
| 9/17 | Tired/Weary: | Psalm 3:5,6; Psalm 4:4-8; Isaiah 35:1-10 |
| 9/18 | Tired/Weary: | Matthew 11:25-30; 2 Thessalonians 3:16; Hebrews 4:1-11 |
| 9/19 | Feeling useless/Inferior: | Isaiah 6:1-8; Jeremiah 1:4-10; |
| 9/20 | Feeling useless/Inferior: | Galatians 1:11-24; Ephesians 4:1-6; 1 Peter 2:4-10 |
| 9/21 | Vengeful: | Matthew 5:38-42; Romans 12:17-21 |